



Highlands Lodge  
MOUNTAIN RETREAT

DAY VISTOR  
GUIDE

083 663 5884 | [www.highlands-lodge.co.za](http://www.highlands-lodge.co.za)



# WELCOME to you



A warm welcome from your hosts Liaan, Elizna and the team.

“We can’t wait for you to explore all that this beautiful mountain retreat has to offer.”

## Activities for day visitors

Take a stroll to Te-piK café for your daily coffee fix, a delicious treat... or 2 and make your plans for the day.



Explore our Meander & Owl Hiking Trails



Harvest table, every Sunday 12pm | Te-eeT Restaurant



Picnic | Start at Te-piK & choose your own spot



Enjoy the fynbos & bird life

# ENJOY every moment

---







# Te-piK



Take a peek inside, choose a nibble and enjoy the beautiful view from the deck.

Or... opt for a takeaway and stroll down to the pool or up on a mountain trail.

## At Te-piK we offer:

Barista coffee

A selection of croissants and sandwiches

A variety of choice wines, craft beer, ciders and drinks

Delightful cakes and desserts

Scrumptious beef and vegetarian platters (pre-order only)

## Te-piK Picnics

Grab a picnic basket and fill it up with your favourite salads, fine roasted meat, artisan croissants, delicious cheesecake, barista coffee or craft beers and wines.

## Choose a spot

On the deck with mountain views, by a bubbling stream, or at the sparkling pool.



## Explore Products from Trading Flavours

Trading Flavours is the supplier of the finest quality vanilla, cacao, coffee beans, pepper, essential oils and spices from Madagascar to South Africa.

# Te-pik

## FOOD & DRINKS MENU

### SALADS

---

Fruit Salad Bowl	R42
Turkish Chickpea Salad	R108
Broccoli & Peanuts	R87
Poke Bowl Salad	R128
Goats Cheese & Asparagus Salad	R148
Kale & Black Rice Salad	R98

### BAKED GOODS

---

Plain Croissants	R32
Almond Croissants	R48
Chocolate Croissants	R36
Salami & Cheese Croissants	R52
Scrambled Eggs & Bacon Bits	R56

### SANDWICHES

---

Vegetable Sandwich	R62
Ham & Cheese	R56
Beef Sandwich (on request)	R132

### DESSERTS

---

Chocolate Cheesecake	R68
Vanilla Cheesecake	R78
Blueberry Cheesecake	R68
Carrot Cake	R 68
Brownie & Gelato Ice-Cream	R65
Gelato Ice-Cream	POR

---

### FITCH & LEEDS

---

Indian Tonic	R18.50
Ginger Ale	R18.50
Pink Tonic	R18.50
Lemonade	R18.50

### KOMBUCHA

---

Ginger & Lime	R35
Peach & Granadilla	R35
Blueberry & Pomegranate	R35

### SMOOTHIES

---

Nut Case	R43
Berry Bliss	R62
Tropical	R62

### JUICE

---

Orange	R32
Apple	R32
Mixed Berries	R32

# Te-pik

## COFFEE & HOT DRINKS MENU

### COFFEE

	250ml	350ml
Espresso	R20	R25
Americano	R30	R35
Cappuccino	R30	R35
Cafe Latte		R35
Flat White	R35	
Cortado	R30	

### HOT DRINKS

	250ml	350ml
Chai Latte		R35
Hot Chocolate	R30	R35
Rooibos Tea	R25	
Five Roses Tea	R25	
Cacao Husk Loose leaf Tea	R32	
Choc Mint Rooibos Tea	R32	

## ALCOHOLIC DRINKS

### BEERS & CIDERS

Loxtonia Stone Fruit Non-Alc	R 35
Loxtonia Crispy Apple	R 40
Rekordelig Strawberry Lime	R 40
CBC Pilsner	R 35
CBC Lager	R 35
Noon Gun The General Non-Alc IPA	R 35
Darling Brew Bone Crusher Witbier	R 40

### SPARKLING WINE

Survivor Methode Cap Classique	R300
Van Loveren Chardonnay Pinot Noir	R175

### BLANC DE NOIR / ROSE

Zorgvliet Silver Myn Dry Rose	R32
Jakkalsvlei Pink Moscato	R36

### WHITE WINE

Wild Card Sauvignon Blanc	R150
Van Loveren Sauvignon Blanc	R45 / R145
Lands End Cape Agulas Sauv. Blanc	R280
Groot Phesantekraal Chenin Blanc	R135
Van Loveren Chardonnay	R145

### RED WINE

Wild Card Merlot	R150
Van Loveren African Java Pino.	R50 / R145
Alvi's Drift Shiraz	R165
Riebeek Cellars Cabernet Sauvignon	R150
Van Loveren Cabernet Sauv. Merlot	R145
Badsberg Belladonna	R195









## CONTACT US

**Phone:**

083 663 5884

**Email:**

[info@highlands-lodge.co.za](mailto:info@highlands-lodge.co.za)

**Website:**

[www.highlands-lodge.co.za](http://www.highlands-lodge.co.za)

**Address:**

A7 Waboomskraal, George, Western Cape, South Africa